![VistA logo]

Update _2_0_358

Clinical Reminders

VA-BRIEF COGNITIVE BEHAVIORAL THERAPY

Install Guide

September 2023

Product Development
Office of Information Technology
Department of Veterans Affairs

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Introduction

The Brief Cognitive Behavioral Therapy (bCBT) for Depression template is a new reminder dialog template. This template is mandated for installation but optional for use at sites.

The Brief Cognitive Behavioral Template was specifically developed for use with the MyBrief CBT for Depression Program. The template should be used by mental health providers administering the bCBT intervention such as, Psychologists, Social Workers, Physician Assistants, Psychiatrists, or Nurses. The template can be administered by providers in PCMHI, CBOCs, and other appropriate outpatient settings. The template has been created as a shared template. Health factors are embedded in the template to capture delivery data on the program.
Note: This template should NOT be used for full course Cognitive Behavioral Therapy.

UPDATE_2_0_358 contains 1 Reminder Exchange entry:

UPDATE_2_0_358 VA-BRIEF COGNITIVE BEHAVIORAL THERAPY

The exchange file contains the following components:

```
REMINDER DIALOG LINK TYPE
    1  VA-MH INITIAL PERFORM C-SSRS POSITIVE NEW

TIU TEMPLATE FIELD
    2  WP 2
    3  VA-MH STAFF GUIDE
    4  WP 60/2
    5  VA-DATE
    6  WP 2 LINES,IND 2,60 CHAR,WP
    7  EDIT 50
    8  VA-DATE ONLY R

HEALTH FACTORS
    9  VA-REMINDER UPDATES [C]
   10  VA-UPDATE_2_0_358
   11  BRIEF CBT TEMPLATE [C]
   12  VA-BRIEF CBT-DEP VIDEO SESSION
   13  VA-BRIEF CBT-DEP IN-PERSON SESSION
   14  VA-BRIEF CBT-DEP PHONE SESSION
   15  VA-SUICIDE RISK ASSESSMENT [C]
   16  VA-SUICIDE RISK CHRONIC LOW
   17  VA-SUICIDE RISK CHRONIC INTERMEDIATE
   18  VA-SUICIDE RISK CHRONIC HIGH
   19  VA-SUICIDE RISK ACUTE LOW
   20  VA-SUICIDE RISK ACUTE INTERMEDIATE
   21  VA-SUICIDE RISK ACUTE HIGH
```

```
   22  VA-BRIEF CBT-DEP CONTENT IMPROVING HEALTH AND
       WELLNESS
   23  VA-BRIEF CBT-DEP CONTENT FINAL SESSION
   24  VA-BRIEF CBT-DEP CONTENT MANAGE STRESS AND
       RELAXATION
   25  VA-BRIEF CBT-DEP CONTENT MANAGING UNHELPFUL
       THOUGHTS
   26  VA-BRIEF CBT-DEP CONTENT FIRST SESSION
   27  VA-BRIEF CBT-DEP CONTENT ACTIVITIES TO IMPROVE
       MOOD
   28  VA-BRIEF CBT-DEP HOMEWORK NOT ATTEMPTED
   29  VA-BRIEF CBT-DEP HOMEWORK NOT ASSIGNED
   30  VA-BRIEF CBT-DEP HOMEWORK ATTEMPTED OR COMPLETED
   31  VA-BRIEF CBT-DEP PHQ9 SCORED AND DISCUSSED
   32  VA-BRIEF CBT-DEP CONTENT SESSION 0

REMINDER SPONSOR
   33  OFFICE OF MENTAL HEALTH SERVICES
   34  MENTAL HEALTH SERVICES

REMINDER COMPUTED FINDINGS
       VA-REMINDER DEFINITION

REMINDER TERM
   35  VA-REMINDER UPDATE_2_0_358
   36  VA-BL PRIOR SUCIDE RISK
   37  VA-BL C-SSRS DONE TODAY
   38  VA-C-SSRS DONE TODAY POSITIVE QUESTION 8
   39  VA-C-SSRS DONE TODAY POSITIVE QUESTION 5
   40  VA-C-SSRS DONE TODAY POSITIVE QUESTION 4
   41  VA-C-SSRS DONE TODAY POSITIVE QUESTION 3
   42  VA-C-SSRS DONE SAME DAY POSITIVE QUESTION 8
   43  VA-C-SSRS DONE SAME DAY POSITIVE QUESTION 5
   44  VA-C-SSRS DONE SAME DAY POSITIVE QUESTION 4
   45  VA-C-SSRS DONE SAME DAY POSITIVE QUESTION 3
   46  VA-BL C-SSRS DONE SAME DAY POSITIVE

REMINDER DEFINITION
   47  VA-BL C-SSRS DONE TODAY POSITIVE
   48  VA-BL C-SSRS DONE SAME DAY POSITIVE

HEALTH SUMMARY COMPONENT
       PCE HEALTH FACTORS SELECTED
       MHA Score

HEALTH SUMMARY TYPE
   49  VA-CSRE RISK 24 HOURS
   50  VA-PHQ9 1Y

HEALTH SUMMARY OBJECTS
   51  VA-CSRE RISK 24 HOURS (TIU)
   52  VA-PHQ9 1Y

TIU DOCUMENT DEFINITION
```

```
   53  VA-CSRE RISK 24 HOURS
   54  VA-PHQ9 1Y

REMINDER DIALOG
   55  VA-BRIEF COGNITIVE BEHAVIORAL THERAPY
```

Install Details

This update is being distributed as a web host file. The address for the host file is:
https://REDACTED /UPDATE_2_0_358.PRD

The file will be installed using Reminder Exchange, programmer access is not required.

 Installation:
=============
This update can be loaded with users on the system. Installation will take less than 5
minutes.

Install Example

Go to Reminder exchange in Vista.
To Load the exchange file, use LWH. The URL is
https://REDACTED/UPDATE_2_0_358.PRD

```
+            + Next Screen   - Prev Screen   ?? More Actions             >>>
CFE   Create Exchange File Entry        LHF   Load Host File
CHF   Create Host File                  LMM   Load MailMan Message
CMM   Create MailMan Message            LR    List Reminder Definitions
DFE   Delete Exchange File Entry        LWH   Load Web Host File
IFE   Install Exchange File Entry       RI    Reminder Definition Inquiry
IH    Installation History              RP    Repack
Select Action: Next Screen// LWH    Load Web Host File
Input the URL for the .prd file: https://                        /UPDATE_2_0_358_1.PRD
```
You will see a message indicating the file was loaded successfully.

Search and locate an entry titled UPDATE_2_0_358 VA-BRIEF COGNITIVE
BEHAVIORAL THERAPY in reminder exchange.


```
+Item   Entry                          Source                 Date Packed
  540   UPDATE_2_0_358 VA-BRIEF
        COGNITIVE BEHAVIORAL THERAPY
  541   UPDATE_2_0_36 MISC UPDATE 5
  542   UPDATE_2_0_365 VA-LONG
        COVID-19 CONSULT RESPONSE
  543   UPDATE_2_0_365 VA-LONG
        COVID-19 CONSULT RESPONSE
  544   UPDATE_2_0_366 VA-MEDICATION
        INFORMATION MANAGEMENT
  545   UPDATE_2_0_366 VA-MEDICATION
+            + Next Screen   - Prev Screen   ?? More Actions             >>>
CFE   Create Exchange File Entry        LHF   Load Host File
CHF   Create Host File                  LMM   Load MailMan Message
CMM   Create MailMan Message            LR    List Reminder Definitions
DFE   Delete Exchange File Entry        LWH   Load Web Host File
IFE   Install Exchange File Entry       RI    Reminder Definition Inquiry
IH    Installation History              RP    Repack
Select Action: Next Screen// IFE    Install Exchange File Entry
Enter a list or range of numbers (1-773): 540
```

At the **Select Action** prompt, enter **IFE** for Install Exchange File Entry
Enter the number that corresponds with your entry titled UPDATE_2_0_358 VA-BRIEF
COGNITIVE BEHAVIORAL THERAPY *(in this example it is entry 540, it will vary by site)* that is dated 07/25/2023.

```
Package Version: 2.0P65

Description:
The following Clinical Reminder items were selected for packing:
REMINDER DIALOG
  VA-BRIEF COGNITIVE BEHAVIORAL THERAPY

REMINDER TERM
  VA-REMINDER UPDATE_2_0_358

Keywords:

Components:

+           Enter ?? for more actions                              >>>
IA   Install all Components          IS   Install Selected Component
Select Action: Next Screen// IA
```

At the **Select Action** prompt, type **IA** for Install all Components and hit enter.
For all new entries in any category you will choose I to Install
SKIP any items in any category you are prompted to overwrite.

You will then be prompted to install the dialog component.

```
Packed reminder dialog: VA-BRIEF COGNITIVE BEHAVIORAL THERAPY [NATIONAL DIALOG]

 Item  Seq. Dialog Findings                                  Type     Exists
   1      VA-BRIEF COGNITIVE BEHAVIORAL THERAPY              dialog

   2     2 VA-BRIEF COGNITIVE BEHAVIORAL THERAPY VERSION     element
              Finding: *NONE*

   3     3 VA-GP BCBT VERIFY PROTOCOL                        group
              Finding: *NONE*
   4     3.5 VA-GP BCBT YES PROCEED                          group
              Finding: *NONE*
   5     3.5.5 VA-GP BCBT EFFECTIVENESS AND IMPLEMENTATION   group
              Finding: *NONE*
   6     3.5.5.1 VA-00 SPACER NOTE ONLY (E)                  element    X
              Finding: *NONE*
   7     3.5.5.2 VA-BCBT DATE                                element
              Finding: *NONE*
+       + Next Screen   - Prev Screen   ?? More Actions
DD   Dialog Details      DT   Dialog Text       IS   Install Selected
DF   Dialog Findings     DU   Dialog Usage      QU   Quit
DS   Dialog Summary      IA   Install All
Select Action: Next Screen// IA
```

At the **Select Action** prompt, type **IA** to install the dialog – **VA-BRIEF COGNITIVE BEHAVIORAL THERAPY**
Install reminder dialog and all components with no further changes: Y//ES

```
Packed reminder dialog: VA-BRIEF COGNITIVE BEHAVIORAL THERAPY [NATIONAL DIALOG]
VA-BRIEF COGNITIVE BEHAVIORAL THERAPY (reminder dialog) installed from exchange
 Item   Seq. Dialog Findings                                      Type      Exists
    1        VA-BRIEF COGNITIVE BEHAVIORAL THERAPY                 dialog       X

    2     2 VA-BRIEF COGNITIVE BEHAVIORAL THERAPY VERSION          element      X
             Finding: *NONE*

    3     3 VA-GP BCBT VERIFY PROTOCOL                             group        X
             Finding: *NONE*
    4     3.5 VA-GP BCBT YES PROCEED                               group        X
             Finding: *NONE*
    5     3.5.5 VA-GP BCBT EFFECTIVENESS AND IMPLEMENTATION        group        X
             Finding: *NONE*
    6     3.5.5.1 VA-00 SPACER NOTE ONLY (E)                       element      X
             Finding: *NONE*
    7     3.5.5.2 VA-BCBT DATE                                     element      X
             Finding: *NONE*
+           + Next Screen   - Prev Screen   ?? More Actions
DD   Dialog Details        DT   Dialog Text        IS   Install Selected
DF   Dialog Findings       DU   Dialog Usage       QU   Quit
DS   Dialog Summary        IA   Install All
Select Action: Next Screen// Q
```

When the dialog has completed installation, you will then be returned to this screen. At the **Select Action** prompt, type **Q.**

```
Package Version: 2.0P65

Description:
The following Clinical Reminder items were selected for packing:
REMINDER DIALOG
   VA-BRIEF COGNITIVE BEHAVIORAL THERAPY

REMINDER TERM
   VA-REMINDER UPDATE_2_0_358

Keywords:

Components:

+           + Next Screen   - Prev Screen   ?? More Actions                    >>>
IA   Install all Components              IS   Install Selected Component
Select Action: Next Screen// Q
```

You will then be returned to this screen. At the **Select Action** prompt, type **Q.**

Install complete.

Post Installation

1. **Make the Dialog templates available to be attached to a Personal or Shared templates or to be able to attach the dialog to a progress note title.**

   Select Reminder Managers Menu <TEST ACCOUNT> Option: **CP CPRS Reminder Configuration**

   CA   Add/Edit Reminder Categories
   CL   CPRS Lookup Categories
   CS   CPRS Cover Sheet Reminder List
   MH   Mental Health Dialogs Active
   PN   Progress Note Headers
   RA   Reminder GUI Resolution Active

DEVL   Evaluate Coversheet List on Dialog Finish
DL   Default Outside Location
PT   Position Reminder Text at Cursor
LINK   Link Reminder Dialog to Template
TEST   CPRS Coversheet Time Test
NP   New Reminder Parameters
GEC   GEC Status Check Active
WH   WH Print Now Active
Select CPRS Reminder Configuration <TEST ACCOUNT> Option: **TIU TIU
Template Reminder Dialog Parameter**
Reminder Dialogs allowed as Templates may be set for the following:
   1   User   USR   [choose from NEW PERSON]
   3   Service   SRV   [choose from SERVICE/SECTION]
   4   Division   DIV   [SALT LAKE CITY]
   5   System   SYS   [NATREM.FO-SLC.MED.VA.GOV]
Enter selection: **5** *Choose the appropriate number for your site. Your site may do
this by System or other levels. The example below uses SYSTEM level.*
Setting Reminder Dialogs allowed as Templates for System: NATREM.FO-
SLC.MED.VA.GOV
Select Display Sequence: **?**
388   VA-COVID-19 TELEPHONE FOLLOW-UP
389   VA-SRA-CONSULT RESPONSE (D)
*When you type a question mark above, you will see the list of #'s (with dialogs)
that are already taken. Choose a number **NOT** on this list. For this example,
390 is not present so I will use 390.*
Select Display Sequence: **390**
Are you adding 390 as a new Display Sequence? Yes// **YES**
Display Sequence: 390// **<Enter>**   390
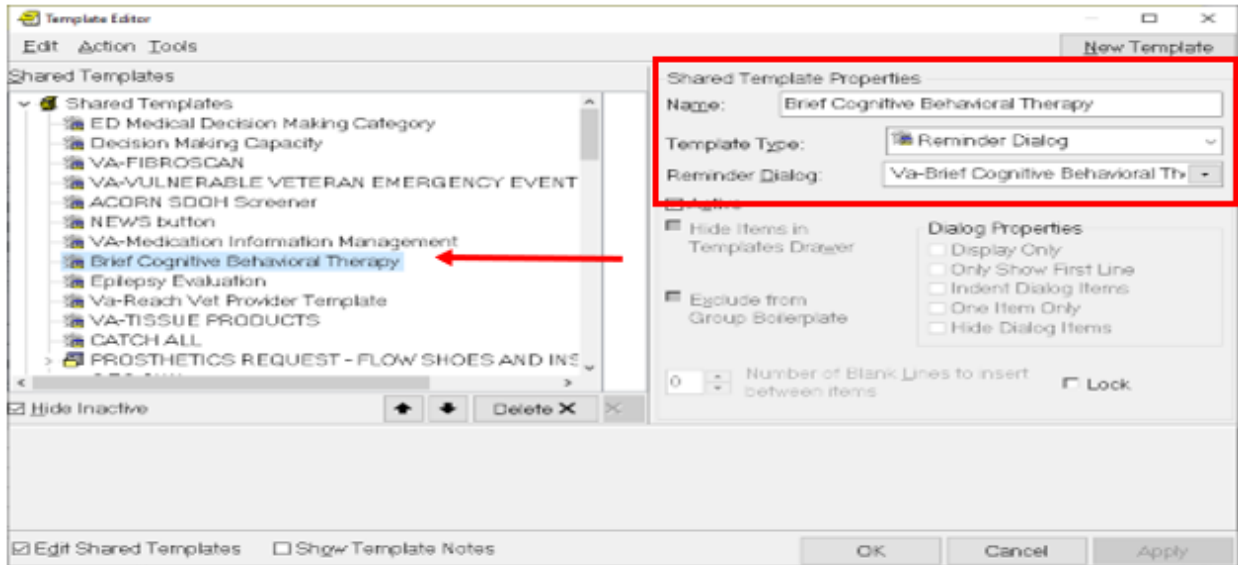   Clinical Reminder Dialog: **VA-BRIEF COGNITIVE BEHAVIORAL THERAPY**
reminder dialog   NATIONAL
      ...OK? Yes// **<Enter>** (Yes)

2.   Update element VAL-PRIMARY PROVIDER/PCMM TEAM to your local data
objects. Element: VAL-PRIMARY PROVIDER/PCMM TEAM
                Text: Primary Care Provider: OBJECT HERE FOR PATIENT PCP
                     Primary Care Team: OBJECT HERE PATIENT PRIMARY

3.   **Add the template to** your shared template folder so it can be used with any note
title.
      a   In CPRS, open the Template Editor, expand Shared Templates, select the
appropriate folder (if applicable), then click New Template (top right-hand
corner).

Type in the following information:
Name: **BRIEF COGNITIVE BEHAVIORAL THERAPY**
Template Type: **Reminder Dialog**
Reminder Dialog: **VA-BRIEF COGNITIVE BEHAVIORAL THERAPY**
— then click Apply.